

Damar News

www.damargym.com/606-523-0840

Upcoming Events

- July 4- This year is a Sunday so enjoy your holiday weekend.
- July 27-August 3- Summer Break-This is the 5th class so no make ups needed, enjoy your break.
- Annual Insurance/Registration Fee due August.

Be sure to check out our Facebook pages for the gym and preschool gym!

Summer Months

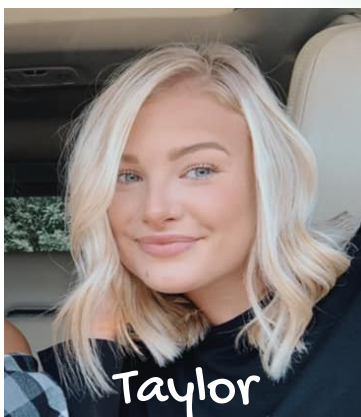
It feels so good to say this but unlike last year the months of June and July we consider our "Summer Months." Last year we didn't have that luxury so being back in the gym this summer is great. The summer is a great time to add an additional class or privates with an instructor of your choice. Towards the end of July, we will have the usual Summer Break (July 27-August 3). During the summer there is also Dead Period that is issued by KHSAA. We are STILL OPEN during this time. We don't issue make-ups for squads and if you are in town it would be a great time to take advantage of the entire squad not being there and get extra work.

Trampoline...Good or Bad?

Parents come to me often to ask me about trampolines for their kids. I will tell them as long as they use them the correct way they can be the best training tool around or they can be the worst thing. If you get a trampoline stop by and speak to me or to our child's instructor and we can help you learn what they can do on the trampoline and make sure that they can do stuff safely.

Each skill leads to the next skill and progressions are important for not only progress but also for the safety of the child. So please do not hesitate to get a trampoline.

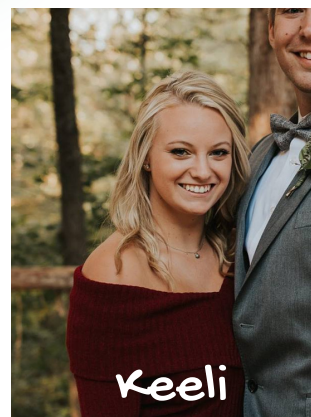
NEW STAFF



Taylor



Jenna



Keeli

Please take a minute to meet our new staffers.

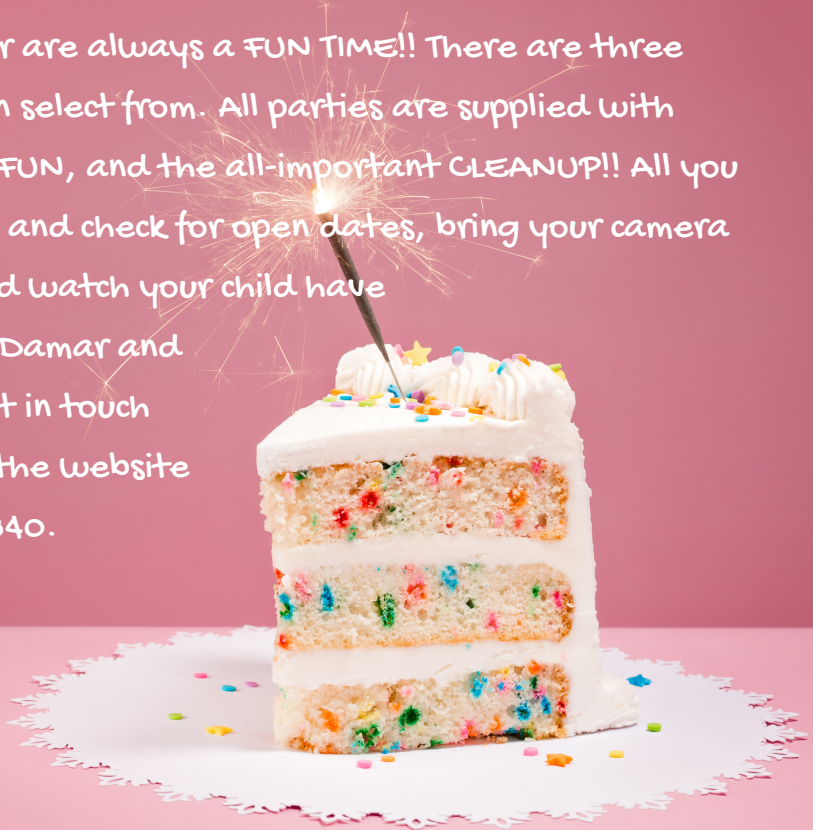
Taylor goes to school at EKV and will be working with our preschool kids, tumbling classes, and some squads.

Jenna recently graduated from North Laurel High School and will be working with tumbling classes and our youngest all-star squads.

Keeli goes to school at WKU and will be working mostly with the preschool department and tumbling classes.

Birthdays!!!!

Birthday parties at Damar are always a FUN TIME!! There are three party options that you can select from. All parties are supplied with plates, cups, utensils, the FUN, and the all-important CLEANUP!! All you need to do is call the gym and check for open dates, bring your camera and the birthday child and watch your child have FUN!! For information call Damar and ask for info. Or you can get in touch with us via email here on the website or you can call 606-523-0840.



Interested in All-Star Cheer?

If you missed evaluations or are interested we still have some spots open for Spirit of Kentucky

All-Stars!! Just stop by the front desk or email us on our website or Damar's Facebook page.